

Manual Handling



EXPECTATIONS

This course is designed for any member of the workforce that need to carry out lifting and moving objects.

At the end of this course, people should understand:

- Manual Handling legislation.
- Manual handling risk factors and how injuries can occur.
- How to carry out safe manual handling, including good handling technique.
- Appropriate systems of work for the individuals task and environment.
- Use of mechanical aids.

THE 2020 WAY

2020 Safety Solutions Ltd take a different approach to most training providers. Our courses are designed by educational experts as well as subject specialists.

Every course is based upon engagement, interaction and enjoyment as well as personal development.

It's training, just done differently.

ADDITIONAL INFORMATION

This course is designed to last:

½ Day

We recommend that it is refreshed every:

3 Years